

Goal-Setting Worksheet

Use this worksheet before your next planning meeting. Print it, fill it in, bring it along.

My short-term goals (3–6 months)

1. _____
2. _____
3. _____

My long-term goals (1–3 years)

1. _____
2. _____

What success looks like

Describe how your life will be different when you reach these goals.

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